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SPECIAL EVENT!

AN EVENING WITH JOHN GOTTMAN

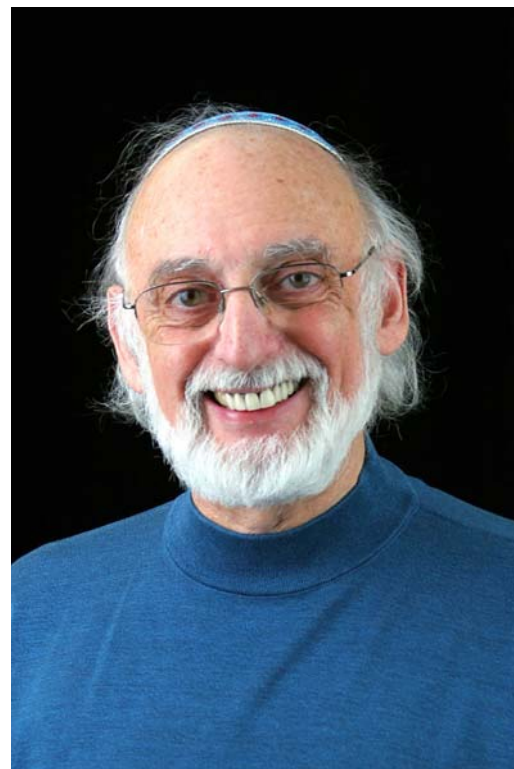
Thanks so much for your help in getting the word out about the **Creating Healthy Relationships Project!**

To thank our community partners, we're offering a special evening with **John Gottman** exclusively for you and the couples you serve. John will discuss the **Creating Healthy Relationships Project** and walk folks through a **Relationship Checkup**. This event is **free** to both providers and couples.

The event will be held:

Monday, June 1st, 7:00-8:50pm
Gowen Hall, Room 301
University of Washington Campus

Seating is limited. To reserve seats and get directions to the location, please contact Becky at the Relationship Research Institute office: beckyt@rrinstitute.com or 206.832.0300.



NOW RECRUITING: COUPLES' COMMUNICATION STUDY

We wanted to let you know about a new study we're recruiting for. It's called the **Couples' Communication Study** and our goal is to learn more about how couples make important decisions together. We're looking for couples that meet the following criteria:

- English-speaking,
- In a relationship for at least three months,
- Lower income,
- Currently living together, and
- Child under age 18 living in the home.

Participation in this study involves a brief phone interview and a **one-time in-home visit** with the couple. Couples will be compensated up to **\$100** for their participation in this study.

We're planning to complete recruitment for this study by **June 30, 2009**, so if you have any couples that you think might be interested in participating please send them our way!

Please refer couples directly to our Couples' Communication Hotline at 1.888.633.8347. If you'd like to hear more about the Couples' Communication Study, please contact Renay Cleary Bradley at 206.973.3455 or renayc@rrinstitute.com.

CREATING
HEALTHY
RELATIONSHIPS
PROJECT
UPDATE

CONTACT
INFORMATION

RELATIONSHIP
RESEARCH INSTITUTE
2030 FIRST AVE.
SUITE 205
SEATTLE, WA 98121
206.832.0300 PHONE
206.832.0301 FAX

FOR MATERIALS OR
QUESTIONS ABOUT OUR
PROJECTS, CONTACT:

RENAY CLEARY BRADLEY
RESEARCH DIRECTOR
206.973.3455 PHONE
206.832.0301 FAX
RENAYC@
RRINSTITUTE.COM

IF YOU WOULD LIKE TO
REFER COUPLES TO THE
PROJECT, CONTACT:

TOLL FREE NUMBER
1.888.6COUPLE
(1.888.626.8753)

OR

COUPLES@
GOTTMANRESEARCH.COM

FREQUENTLY ASKED QUESTIONS ABOUT THE CREATING HEALTHY RELATIONSHIPS PROJECT

Q. What is the Creating Healthy Relationships Project?

A. The Relationship Research Institute is currently accepting referrals for a study entitled the "Creating Healthy Relationships Project." The study will evaluate a 22-week psycho-educational workshop designed by Drs. John and Julie Gottman for couples currently experiencing difficulty and conflict in their committed relationship.

Q. What is the Relationship Research Institute?

A. The Relationship Research Institute was created by Dr. John Gottman, one of the world's leading relationship researchers, to foster research on couples relationships, parenting and families.

Q. How do I refer a couple to the Project?

A. You can have the couple contact us at 1.888.6Couple (1.888.626.8753) or couples@gottmanresearch.com. We can also provide you with our **Consent to Contact** form. Fill it out with your client, fax it to us, and we'll contact them!

Q. Who is eligible to participate?

A. We are looking for couples who:

- Have been together more than 12 months and are in a committed relationship (married or unmarried);
- Are raising at least one child under age 13 (grandparents raising grandchildren are welcome); and
- Make less than \$73,260 for a family of 3 (higher limits apply to larger households).

Q. How can I help disseminate information about the Project?

A. You can help us by:

- Referring couples directly to 1.888.6Couple or couples@gottmanresearch.com
- Posting flyers
- Sending email to your colleagues
- Providing us with the names of people we can contact directly
- Inviting us to come speak to your group

Q. Is childcare provided for couples?

A. Yes, on-site childcare will be provided by trained RRI staff members during home visits and workshop sessions.

THANKS TO ALL OF YOU WHO HAVE HELPED US GET THE WORD OUT TO COUPLES ABOUT THE STUDY!!

Our sincere thanks to all of you who have helped us get the word out about the Creating Healthy Relationships Project! When couples call in about the Project we ask them how they heard about us, here's a list of organizations that folks have mentioned.

Antioch University ● Atlantic Street Center ● Asian Counseling & Referral Service
Bastyr Center for Natural Health ● Bates Technical College
Becoming Parents Program ● Bellevue Head Start ● Bringing Baby Home
Catholic Community Services ● Center for Human Services ● Child & Family Guidance Center
Community Psychiatric Clinic ● Creston Point Community ● Evergreen Hospital
Evergreen State College ● Federal Way Head Start ● First Place
Franklin Pierce Head Start ● Good Samaritan Puyallup ● Greater Lakes Mental Health
Group Health Cooperative ● Harborview Medical Center ● Heavenfield ●
Highline Valley View Early Learning Center ● Hillcrest Child Education Center ● Hopelink
Kinderling Center ● Kitsap Mental Health ● MOPS ● Navos
Parent University/McChord AFB & Fort Lewis ● Parenting Resources
Parkland Family Support Center ● Puget Sound Adlerian Society ● Ready to Learn Center
Redmond Head Start ● Renton Area Youth & Family Services ● Saint Leo's Church, Tacoma
Seattle/King County Public Health ● Seattle Central Community College
Seattle Counseling Service ● Seattle Head Start ● Shoreline Community College
Sound Mental Health ● Swedish Family Services ● Tacoma Community College
Tacoma Head Start ● Tacoma Learning Center ● University of Washington Social Workers
●Valley Cities ● Valley Counseling ● Vashon Youth and Family Services
Veterans Administration Hospital ● Youth Eastside Services ● YWCA