

Level I:



BRIDGING THE COUPLE CHASM

DVD OUTLINE & TIME INDEXING OF CHAPTERS

DVD 1	01:45:56	WELCOME AND OVERVIEW	PAGE NO.
00:00:00	30 Minutes	Welcome	1-1
00:30:21	10 Minutes	Our Research Methods	1-5
00:40:46	30 Minutes	What is “Dysfunctional” in Relationships?	1-7
01:11:18	5 Minutes	Turning Towards, Turning Away, Turning Against, and Film	
01:16:32	29 Minutes	The Sound Relationship House	1-33
DVD 2	01:36:05	ASSESSMENT	
00:00:00	43 Minutes	Section 2—Assessment: Overview	2-1
00:43:41	26 Minutes	Section 3—Assessment: Session 1	3-1
01:09:31	26 Minutes	Section 4—Assessment: Written Questionnaires	4-1
DVD 3	01:31:50	ASSESSMENT	
		Section 5—Assessment:	5-1
00:00:00	14 Minutes	• Session 2 and 3	
00:14:00	37 Minutes	• Summary—Abbreviated Films for Sessions 1, 2, and 3	
00:50:43	41 Minutes	Question and Answer	



DVD OUTLINE & TIME INDEXING OF CHAPTERS

DVD 4	02:00:41	INTERVENTION	PAGE NO.
		Section 6—Intervention	
00:00:00	38 Minutes	• Underlying Assumptions and Goals for the Therapy	6-1
		Conflict	
00:38:02	26 Minutes	• The Rapoport Intervention and the Conflict Blueprint	6-31
01:03:56	31 Minutes	• Eliminate the Four Horsemen	6-42
DVD 5	01:35:03	INTERVENTION	
		Section 6—Intervention (<i>continued</i>)	
		Conflict (<i>continued</i>)	
00:00:00	23 Minutes	• Dreams-Within-Conflict	6-46
00:23:11	34 Minutes	• Develop Six Skills and Process Fights	6-50
		Friendship	
00:57:56	14 Minutes	• Build Love Maps	6-57
01:11:48	23 Minutes	• Turn Towards—The Stress Reducing Conversation	6-62
DVD 6	01:49:08	INTERVENTION	
		Section 6—Intervention (<i>continued</i>)	
		Shared Meaning	
00:00:00	25 Minutes	• Build Rituals of Connection	6-67
00:25:02	18 Minutes	• Create Shared Purpose	6-71
00:42:56	12 Minutes	• Process	6-72
00:55:05	2 Minutes	Summary	
00:57:12	42 Minutes	Questions and Answers	
1:39:32	9 Minutes	Section 7—Additional Training	7-1