

## A Certified Gottman Couples Workshop Leader

A *Certified Gottman Couples Workshop Leader* is an individual who has completed the certification program offered by The Gottman Institute. This program includes completion of the following seven steps:

- 1) *The two-day professional workshop on Marital Therapy: A Research-Based Approach (MTRBA) by Dr. John Gottman, either in person or in DVD or VHS format*
- 2) *The Advanced Study: a four or five-day training led by Drs. John and Julie Gottman*
- 3) *The Certification Practicum: a four-day training led by Dr. Julie Gottman*
- 4) *Certification Consultation: At least 8 individual sessions or 12 group sessions of consultation with a Gottman Relationship Clinic Senior Therapist and Consultant*
- 5) *Tape Review: submission of video tapes for review by a senior Gottman Relationship Clinic Therapist. Based on those videotapes, the therapist must have received confirmation from Dr. Julie Gottman or their consultant that they have qualified to be a Certified Gottman Therapist*
- 6) *Roving Therapist: participation at two Art & Science of Love: Workshops for Couples Workshops led by Drs. John and Julie Gottman: 1) as a Shadow and 2) as a Roving Therapist*
- 7) *Gottman Couples Workshop Leader Training: a four-day training for Certified Gottman Couples Workshop Leaders led by Drs. John and Julie Gottman, Senior Gottman Therapists and TGI Staff*

*Without this written certification, clinicians are not qualified to use these materials to plan, organize, or run Gottman Couples Workshops or any other Gottman workshops or classes, and are not qualified to use the Gottman name when representing themselves or their work.*

**Please note:** Any therapist or health professional that has not completed **all** of the above requirements is not authorized or trained to provide The Gottman Institute's copyrighted The Art & Science of Love: Workshops for Couples, or advertise themselves as a Certified Gottman Couples Workshop Leader. Even with certification you may not use our trademarks to present workshops or other services without our express written permission.