

Top 7 Benefits of Certification in Gottman Method Couple's Therapy



1 **Enrich and develop your skills in a warm professional atmosphere where you feel welcomed and valued!**
Within the professional boundaries there is a family atmosphere where you feel like you belong and that you are part of something that really matters and makes a difference. The professionalism and family feel starts right at the top with John and Julie and flows down through the wonderful staff. I feel that I am part of something that has real quality and purpose.
– LAWRENCE STOYANOWSKI, LMFT, Vancouver, BC

2 **Work with greater clarity and focus. Gottman Method Couple's therapy provides a powerful structure to work with couples and prevent relapse.**
My work with my clients has never been so clear and focused. I have a powerful structure for assessing a couple effectively, for breaking the destructive patterns and replacing them with meaningful interactions, and for phasing therapy out in a way that prevents relapse.
– KEN FREMONT-SMITH, MA, MAC, Seattle, WA

3 **Interact with a warm, international community of Certified Gottman Therapists dedicated to outstanding clinical work with couples the world over.**
Being a part of the Gottman therapist community has brought me in contact with some of the best clinicians and professionals in the couple's therapy field.
– VAGDEVI MEUNIER, PSY.D., Austin, TX

4 **Tap into the experience, knowledge and enthusiasm of Consultants and Senior Gottman Therapists who will help build your competence and confidence.**
The requirement for Certification of submitting video tapes of my sessions using the Gottman method helped me obtain valuable feedback from highly skilled clinicians. Their affirmation of my work helped me grow in confidence and enthusiasm for using the Gottman method to help my clients.
– JAN CANNIFF, LMHC/ NCC, Seattle, WA

5 **Add more accountability and success to your clinical work than ever before.**
"After "trying on" multiple treatment cloaks over the years in search of a niche practice, I found one with the Gottman model of relationship therapy; it works. There is more structure, more accountability, and more success in my work than ever before.
– ADELE HURST, PH.D., Dallas, TX

6 **Adapt to and integrate the Gottman Method Couple's Therapy principles and interventions into your own style of working with couples.**
Doing the Advanced Training and then the Practicum experience helped me get more engaged with the method. Working with the consultants during my Certification preparation further refined my understanding of the principles of the method and enabled me to integrate those principles and interventions into my own style of working with clients. I can truly say that I have made this method my own! I have the confidence in my approach which, I believe, makes me better able to engage the couples with hope and positivity for the changes they can choose to make. Seeing those changes occur is vastly rewarding. It's been a real "shot in the arm" as I continue my 30-plus year career! I'm glad I did it!!!
– LYNDA VOORHEES, LMFT, Menlo Park, CA

7 **Elevate your professional reputation and enjoy the rewards of business improvement through affiliation with The Gottman Institute.**
My business has benefited tremendously as a Certified Gottman Therapist. I represent different organizations that refer clients to me specifically because they know that I am a Certified Gottman Therapist. I feel the Gottman teachings can be useful to a variety of styles of therapy with couples enabling the clinician to mold themselves to the research rather than be told to change their style of therapy.
– MICHAEL REDIGER, LCSW, Seattle, WA

My professional reputation in my community has elevated in terms of respect and appreciation from my peers including the medical community. Considering all the time and money that I have invested in my professional training, my Gottman Certification has proven to be the most cost effective.

– RAY VARLINSKY, LMFT, Chico, CA